Neighbourhood Development

Merstham Health and Wellbeing Network

Over the past year, our network have worked to identify and collectively action many areas to improve health and wellbeing in the local area.

SEE LATEST PROGRESS

Access to health support

Practice feedback

GP practice data showed a low uptake of the NHS App.

Latest update

Care Collaborative Primary Care Network practices held an NHS App community support event in September 2023 September and had over 50 residents attend and provide really positive feedback.

Merstham Health and Wellbeing Network

Antenatal and Postnatal care

Community feedback

There is a desire for free (or very low cost) antenatal courses and postnatal support for young families, particularly those from minoritised ethnic groups.

Latest update

The PCN Childrens and Young Person's Wellbeing Team have mapped out what provisions are available across both our neighbourhoods and are beginning to establish good relationships. A breastfeeding initiative in Merstham, with a focus on patients with South Asian ethnicity has been started.

Merstham Health and Wellbeing Network

Smoking

Community feedback

Data showed there was a high occurance of smoking compared to other local areas which could lead to increased health risks.

Latest update

Moat House Surgery, One You Surrey, Surrey County Council and Merstham Community Facility Trust worked together to hold a smoking cessation pop up for Stoptober. Patients were referred to the GP practice. Since September 2022 smoking prevalence in the Nailsworth Crescent LSOA has dropped from 18% to 15%.

Moat House Surgery are planning to use mobile van scanning unit to diagnose early lung cancer for patients aged 55 to 74 who have smoked / currently smoke.

Antisocial behaviour

Community feedback

The October Merstham Community Action Group meeting discussed the high prevalence of antisocial behaviour affecting the local businesses, residents and the GP practice.

Latest update

Residents are encourage to report all incidents using the form on the Reigate and Banstead website.

Merstham Health and Wellbeing Network