NORTH TANDRIDGE HEALTH & WELLBEING NEIGHBOURHOOD MEETING
TUESDAY 27 FEBRUARY 2024
1 pm – 3 pm
WELCOME!
a NETWORK of people + organisations covering SURREY HEARTLANDS
Hosted by
Dr Richard Wright
with
Anna Brvin
Lee Pegrum
Aims to LINK HEALTH + WELLBEING together
the CONCEPT of NEIGHBOURHOODS
SPACE for CITIZENS to come together at LOCAL MEETINGS with health + wellbeing PROFESSIONALS
the main ISSUES...
What are the local NEEDS?
COLLECTIVE ACTION
sharing RESOURCES
avoid DUPLICATION
"HEALTH is made at HOME"
GROWING HEALTH TOGETHER
20% of health is at the DOCTORS
"REPAIRS"
80% is improved out in the COMMUNITY

PRIORITY THEMES for 2024

What would you like to see MORE and LESS of?

Starting Well

Joining together services for CHILDREN and YOUNG PEOPLE to improve delivery and experience

1. 2. 3. 4. 5.

the is a HUGE NEED for additional PROVISIONS for CHILDREN and YOUNG people

Living Well

How do we find out what is AVAILABLE?

↳ understanding what our partners are up to

DIRECTORIES, ADVERTS, SIGNPOSTING etc

Supporting people to get back into WORK

Combating ISOLATION and LONELINESS

'DDRT' TRANSPORT issues and impacts on ACCESSING SERVICES

Digital Demand Responsive Transport

Ageing Well

Working TOGETHER to CARE for OLDER people

PREVENTION

How do we keep people IN their own HOMES?

Dying WELL

End of life CARE

What's currently AVAILABLE for older people?

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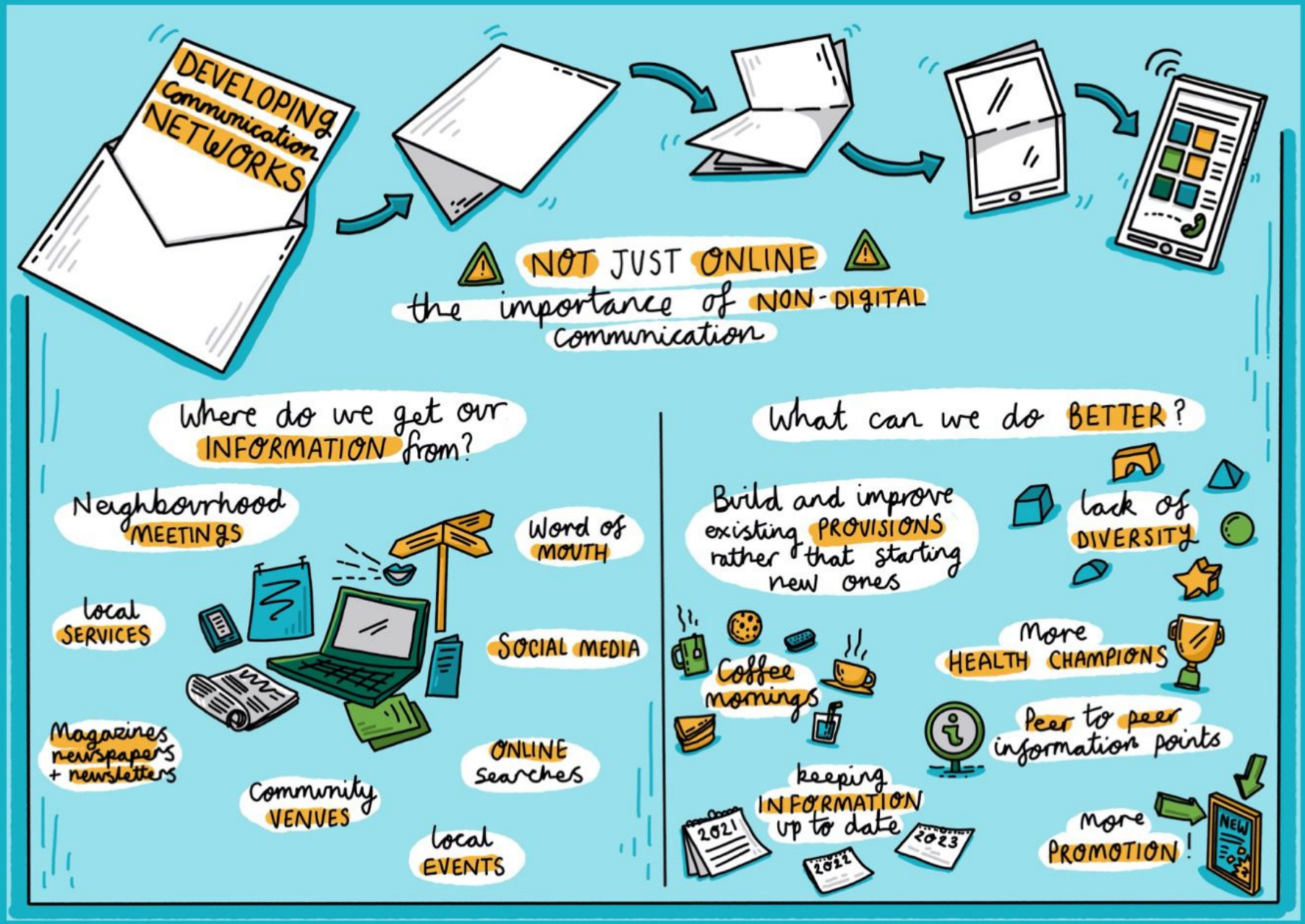
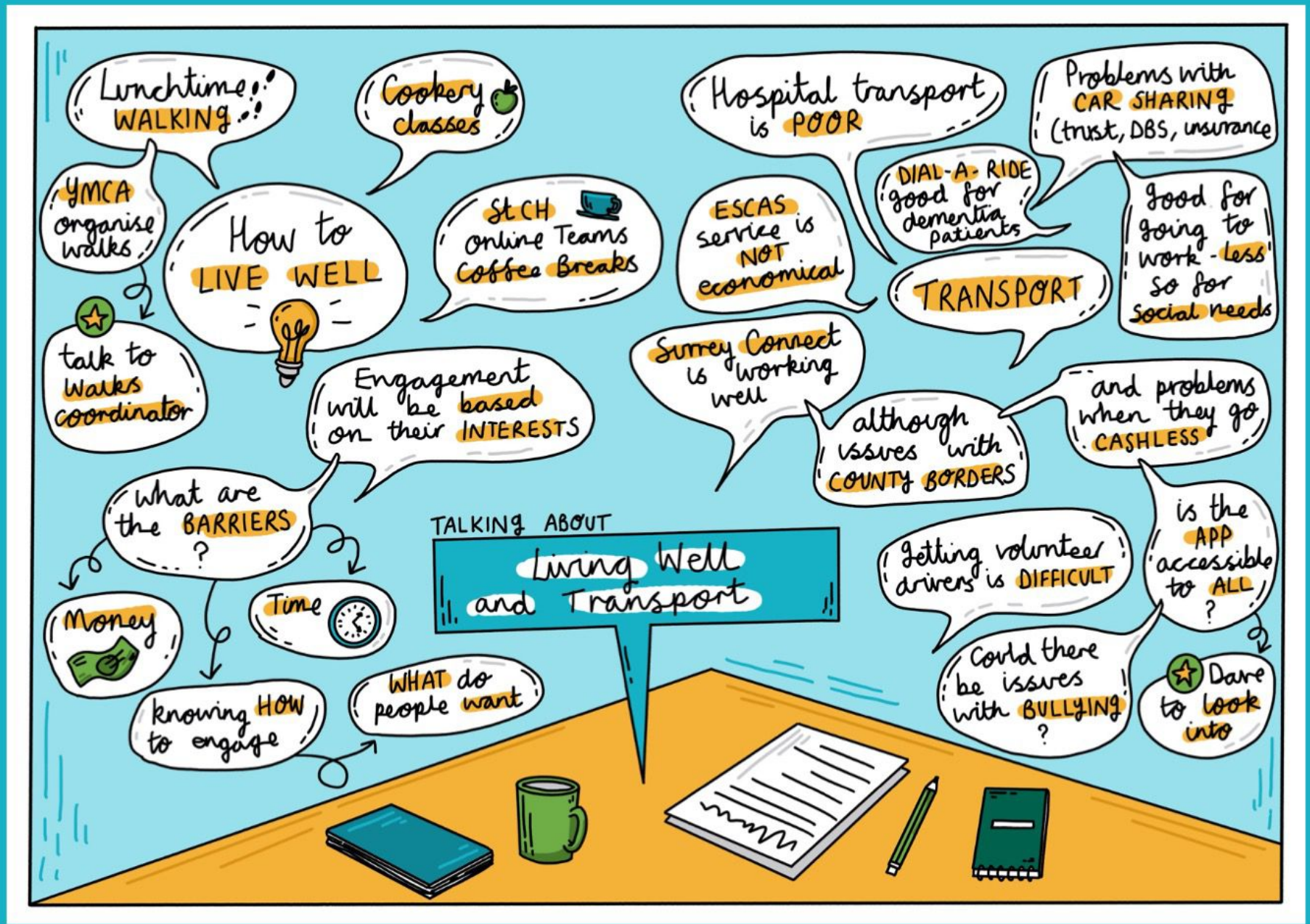

DEVELOPING communication NETWORKS
NOT JUST ONLINE
the importance of NON-DIGITAL communication
Where do we get our INFORMATION from?
Neighbourhood MEETINGS
Word of MOUTH
local SERVICES
SOCIAL MEDIA
Magazines newspapers + newsletters
ONLINE searches
Community VENUES
local EVENTS
What can we do BETTER?
Build and improve existing PROVISIONS rather that starting new ones
lack of DIVERSITY
Coffee mornings
More HEALTH CHAMPIONS
Peer to peer information points
keeping INFORMATION up to date
2021
2022
2023
more PROMOTION!
NEW

MORE support to get people back into EMPLOYMENT
REVIEW What support is already available
BUILD on IT
What currently EXISTS ?
- District Nurses volunteer work choices group
- First Community forum meeting every MONDAY ~ all welcome
- StCH
Work with WESTWAY, RICHMOND FELLOWSHIP, DWP, NHS WORKWELL SERVICE
Benefits of VOLUNTEERING
Green spaces are great for volunteering
Working aged adults experiencing INCREASED SOCIAL ISOLATION
BARRIERS >>> transport ! cost of travel + time
e.g. CATERHAM DENE, CATERHAM FRIENDS, NHS FORESTS, NO MOW MAY, BLOOMING JUNE !
Do people have the SKILLS to volunteer ?
REVIEW Communication and signposting infrastructure at WESTWAY + RICHMOND FELLOWSHIP
Stats show - 18 to 25 yr olds want to VOLUNTEER but don't know how
BHF RESEARCH
TALKING ABOUT Living Well
Sarah Buxton to FIND OUT MORE
Identifying WHO needs support...
Deprived areas ?
Are COMPANIES willing / able to get involved ?
Can we ENGAGE with SCHOOLS + COLLEGES ?
INVITE to meetings
Can we make this HAPPEN?
App for VOLUNTEERING - like speed dating



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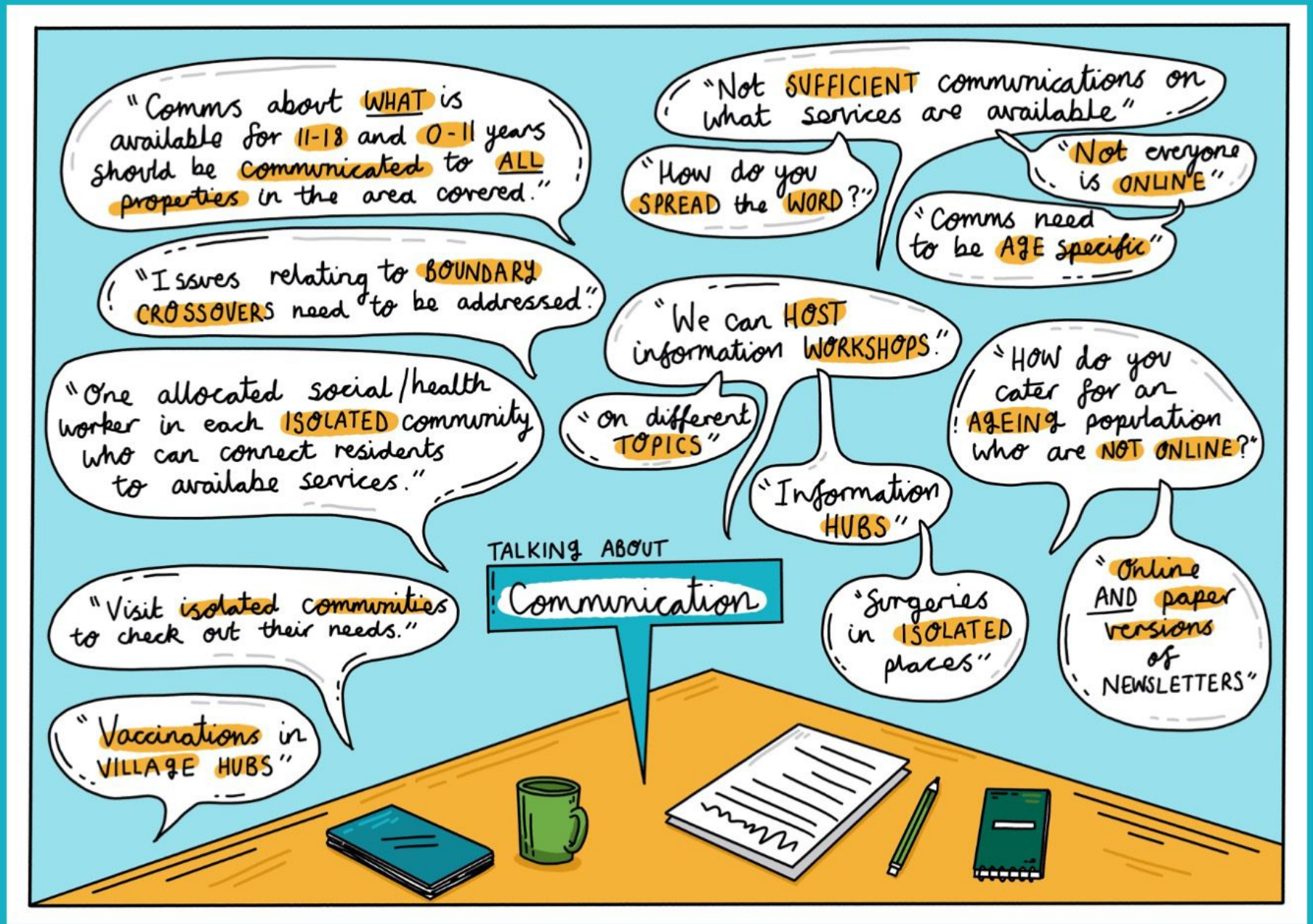

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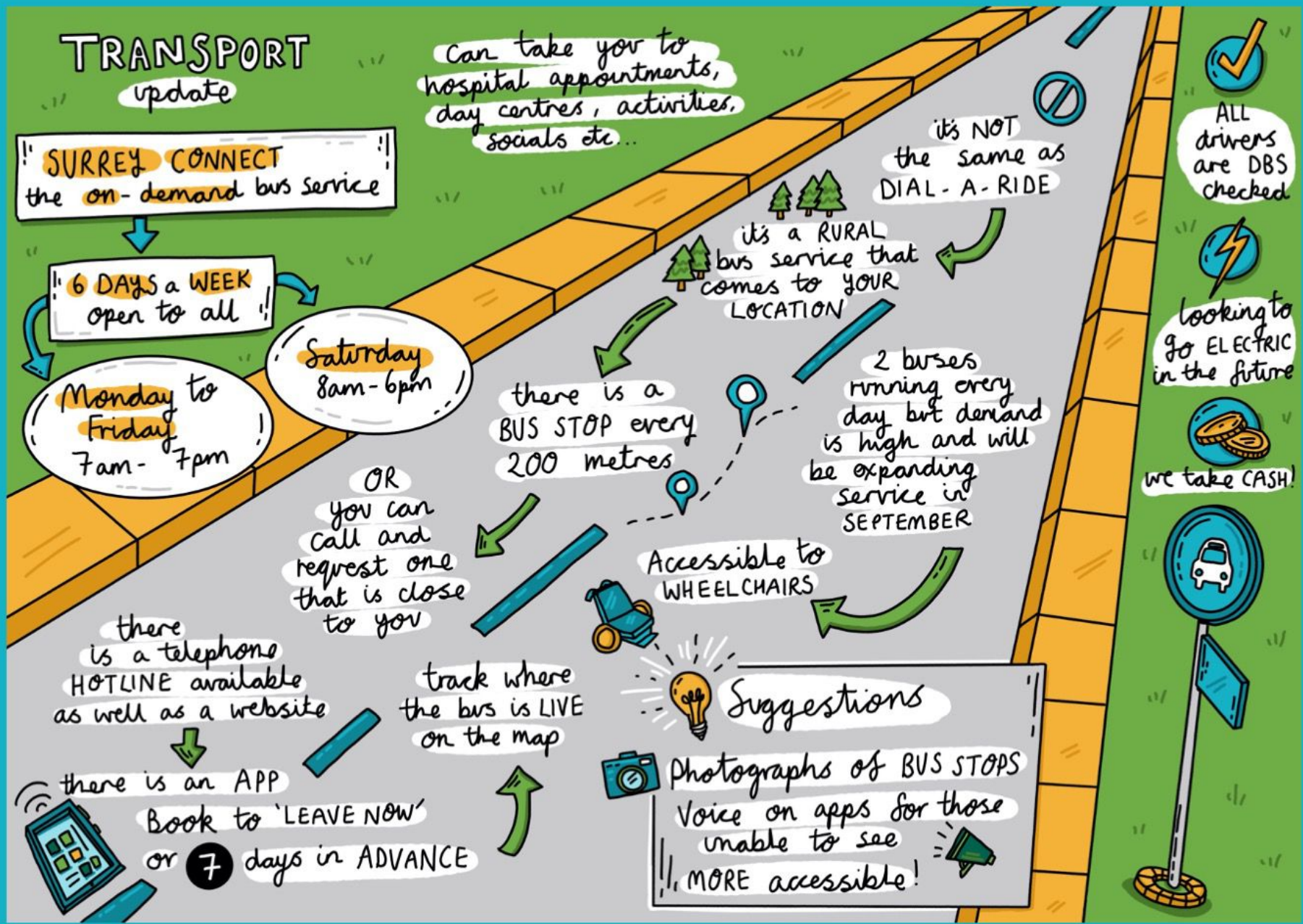

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Post-It Plans >>>

ACTION for CARERS Surrey

Hub in Westway for UNPAID Carers

BUT

Looking to BOOST numbers and promote SERVICE

Can CONNECT with library service > CARERS BOOKCLUB

NETHERNE-on-the-HILL has 1600 residents

BUT

no transport services or local provisions... although has a VILLAGE HALL and PAVILLION.

Looking for local organisations to VISIT and deliver sessions

Hosting a FAMILY DAY - anyone want a stand?

WARREN CLARK Golfing Dreams

Inclusive GOLF

✓ FREE service

✓ DSB checked

✓ Can offer a MOBILE service and come to you OR come to our venue

ROOTS for the FUTURE

focusing on CHILDREN and YOUNG PEOPLE to live harmoneously with NATURE -

ECO THERAPY

"Nature is the ANSWER to so many health problems."

Spring bulb planting event ~ please join us!

Form an EFFICIENCY BOARD to explain WHY funding is being CUT

Encouraging 2-way conversations to openly talk about 30% spending cut.

Clear COMMUNICATION on funding opportunities and challenges

Can we create a SHARED mailing list --- a place to centrally share ideas, events, services etc...

Library service is here to SUPPORT

Support for families who have LEARNING DIFFICULTIES

More SUPPORT for LGBTQ+ community

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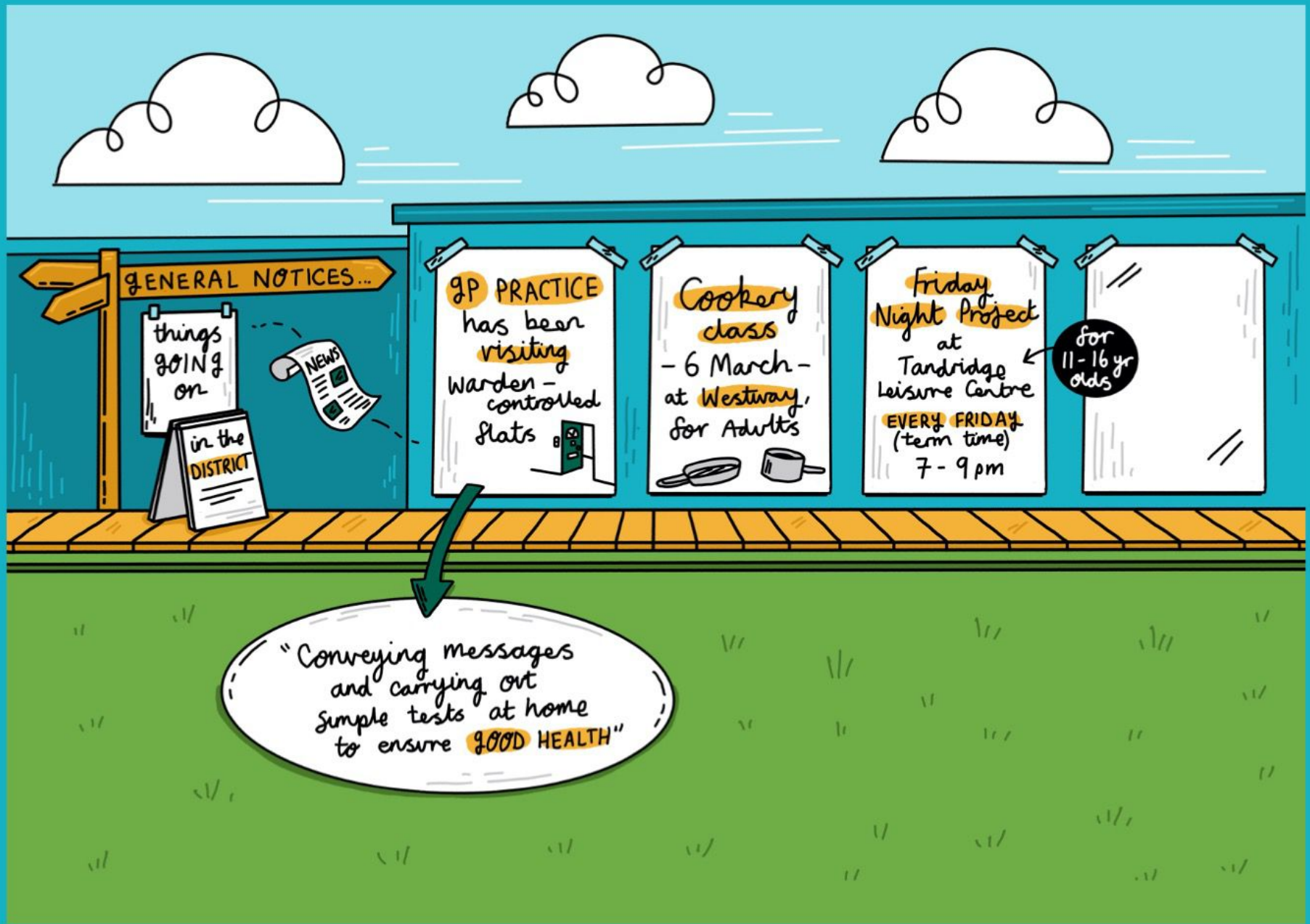

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